THE LEOPOLD BELLAK, M.D. (1916-2002) PAPERS

Dates of Papers: 1943-1993

5 Linear Feet
(12 boxes)

The Oskar Diethelm Library
DeWitt Wallace Institute for the History of Psychiatry
Weill Cornell Medical College
525 East 68th Street
New York, New York 10065

Arranged and described by:
Elizabeth Grab, intern
June 2017

Provenance

The Leopold Bellak, M.D. Papers were donated to the Oskar Diethelm Library, DeWitt Wallace Institute for the History of Psychiatry at Weill Cornell Medical College by Leopold Bellak, M.D. in 1997.

Administrative/Biographical Note

Leopold Bellak (1916-2000), psychiatrist and psychoanalyst, was born in Vienna on 22 June 1916. During his medical career, Bellak dedicated himself to private practice, teaching, and research, and was best known for his work on projective tests, schizophrenia, adult attention deficit disorder, and brief and emergency psychotherapy.

Bellak was a medical student at the University of Vienna and the youngest person permitted to study at the Vienna Psychoanalytic Institute when he immigrated to the United States in May 1938. After arriving in the United States, Bellak earned his Master’s degree in psychology from Boston University. He subsequently served as both the Austin and the Rantoul Fellow at Harvard University and The Harvard Psychological Clinic respectively. In 1944, Bellak received his M.D. from New York Medical College. In 1950, he graduated from the New York Psychoanalytic Institute. Bellak served as Emeritus Professor of Psychiatry at the Albert Einstein College of Medicine/Montefiore Medical Center and as Clinical Professor of Psychology for the Postdoctoral Program in Psychotherapy at New York University into the 1990s.

Bellak is the originator of the Children’s Apperception Test (C.A.T.), the Senior Apperception Technique (S.A.T.), and the first 24-hour walk-in clinic, named the Trouble Shooting Clinic at Elmhurst General Hospital. He also made serious strides in developing the Thematic Apperception Test (T.A.T.).

Bellak was a Fellow of the American Psychiatric Association, the American Psychoanalytic Association and The American Psychological Association. He served as a Diplomat of the American Board of
Professional Psychology and was elected to the American College of Psychoanalysis. He previously served as president of the Society for Projective Techniques and of the Westchester Psychoanalytic Society.

The Psychiatric Outpatient Centers of America honored Bellak for his contribution to the theory and practice of community psychiatry in June 1976. In 1964, Bellak was awarded the Annual Merit Award of the New York Society of Clinical Psychologists. He was awarded the Frieda Fromm-Reichmann Award by the American Academy of Psychoanalysis in 1982 for his contributions towards a better understanding of schizophrenia. Also in 1982, Bellak was designated Honorary Fellow by the Postgraduate Center for Mental Health in New York. In 1990, Bellak received the Bruno Klopfer Award from the Society for Personality Assessment and was selected as one of the Honorary Presidents of the 13th International Congress of Rorschach and Projective Techniques in Paris. The American Psychological Association honored Bellak with an Award for Distinguished Professorial Contributions in 1992.

Bellak authored and edited over 35 texts and over 200 professional articles. His books and test materials have been translated into at least nine languages. Bellak’s final two books were *Psychoanalysis as a Science*, in which he makes a case for integrating psychoanalytic practice with theory and methodology of psychological research, and *Confrontation in Vienna*, which details Bellak’s first 20 years growing up under Nazi-influenced Vienna. The sixth edition of the *TAT, CAT and SAT in Clinical Use* was released in 1992.

This information was taken from biographical documents provided with the Deed of Gift.

**Scope and Content**


The papers came to the library already organized by project or practice, which naturally imposed the 11 series titles enumerated above. In the original order within these projects and practices, the correspondence was typically set apart from other related materials and stapled into packets by correspondent. Other than ordering these packets by reverse chronological order based on the top letter of each packet, the original order is maintained. Apart from the correspondence and the materials found in labelled binders—namely the series Patient files (1947-1962, n.d.)—the documents within a series originally had no apparent order. The folders within the series are thus a result of imposed order by document type, and the documents within are placed in reverse chronological order to facilitate access, except where noted in the series descriptions. The collection is comprised of 12 documents boxes, five of which are restricted.
Series I: Projective tests, 1943-1993, n.d. (Boxes 1-4)

This series, arranged by test, then document type in reverse chronological order, contains files relating to Bellak’s Senior Apperception Test (S.A.T.), Thematic Apperception Test (T.A.T.), Ego Function Assessment (related to the T.A.T.), Children’s Apperception Test – Human Figures, and Children’s Apperception Test (C.A.T.), as well as tests by others, including the Rosenzweig Picture Frustration Study, the Blacky Picture Test, the Michigan Picture Test, the Wechsler-Bellevue Intelligence Scale, the Children’s Seashore House Picture Story Test, the Rorschach Test, *Le Psychodiagnostic Myokinetique*, and *Struwwelpeter: Merry Stories and Funny Pictures*. The series includes general materials—such as the tests themselves, summaries, manuals and guides—correspondence, photographs and images, related publications, news clippings, and circulars. The files are in English except for *Le Psychodiagnostic Myokinetique*, which is written in French.

Series II: Manuscripts, 1990, n.d. (Box 5)

This series includes three typewritten manuscripts by Bellak, “The C.A.T. and Other Projective Techniques: 50 Years later,” which he delivered at the XIII International Congress of Rorschach and Projective Techniques; “My First Fifty Years with Psychoanalysis: Some Selected Reflections;” and “Psychoanalysis as Therapy: Myth and Reality.”


This series, arranged by document type in reverse chronological order, contains files relating to Bellak and Perry Faithorn’s book “The Mind without Mystique: Why We Behave the Way We Do.” The series contains a manuscript and correspondence.


This series, arranged by document type in reverse chronological order, contains files relating to Bellak and Perry Faithorn’s television show, “The Story of The Mind” (alternately titled “The History of The Mind”). The show was related to “The Mind without Mystique” book by Bellak and Faithorn, but was sufficiently distinct not to cause breach of contract with the publisher. The series contains the show’s proposal, correspondence and legal contracts.


This series, arranged by document type in reverse chronological order, contains files related to Bellak and Kathryn Moody’s proposed program the “Psychological Side of the News.” It is unclear whether the program ever came to fruition. The series contains the program’s proposal, sample episodes,
correspondence, news articles by Bellak, news articles related to Bellak’s proposal to psychologically screen presidential candidates, photographs, general news clippings, and promotional materials.

**Series VI: Research, 1952-1989, n.d. (Boxes 5-6)**

This series, arranged by research project, then document type in reverse chronological order, contains files relating to Bellak’s research on validating adult attention deficit disorder and how to treat it through psychotherapy; Bellak’s grant application for Quantification of Psychiatric Diagnosis on the Basis of Ego Strength; Bellak’s grant application for Preventative Community Child Psychiatry; Bellak’s Trouble Shooting Clinic at Elmhurst General Hospital, the first 24-hour walk-in clinic; and Bellak’s lobby to establish a national institute for schizophrenia research. The series includes applications and related materials, research, correspondence, reports, a clinical interviewing guide, news clippings, and conference travel. Also included is correspondence regarding an identity fraud incident concerning a researcher involved in one of the grants. This correspondence includes the original envelope marked “Confidential” and the letters remains in original order.

**Series VII: Patent, 1990 (Box 6)**

This series contains a photocopy of Bellak’s patent for a “Device for Overcoming Male Dysfunction or Impotence.”

**Series VIII: Miscellaneous, 1963 (Box 6)**

This series contains a pad of tear-off sheets of dietary restrictions for calorie counting produced by Preludin, a brand of phenmetrazine hydrochloride.

**Series IX: Cardiac referrals, 1948-1955, n.d. (Box 7)**

This series, arranged by institution, then document type in reverse chronological order, contains files relating to Bellak’s referral relationship with the Hillside Hospital and Astro Health & Rehab Services. As the Hillside Hospital forms appear identical to the ones from the Astro Health & Rehab Services, which were contained in a folder marked “cardiac referrals,” it is likely that the Hillside Hospital referrals also relate to cardiac patients. The series includes referrals (RESTRICTED), correspondence, notes (RESTRICTED) and miscellany.

**Series X: Residency applicant assessments, 1973-1979 (Box 7)**

This series, arranged in reverse chronological order by applicant, contains files relating to residency applicants for the Albert Einstein College of Medicine at Yeshiva University and their psychological assessments. This series is RESTRICTED.
Series XI: Patient files, 1947-1962, n.d. (Box 7-11)

This series remains in original order by case, as identified by the labels on the folders and binders originally housing these materials. The series contains case notes, interview transcripts, and summaries relating Bellak’s patients and research subjects. Many of the handwritten notes are in German. This series is RESTRICTED.

Access Restrictions


The copyright for all unpublished materials is held by the Oskar Diethelm Library, DeWitt Wallace Institute for the History of Psychiatry at Weill Cornell Medical College, as per the deed of gift.

Box and Folder Lists:

Box 1: Series I: Projective tests, 1943-1993, n.d.

Folder:

1 Senior Apperception Test, materials 1973-1975, n.d.
2 Senior Apperception Test, correspondence 1971-1986
3 Senior Apperception Test, publications 1971-1980
4 Senior Apperception Test, photograph n.d.
6 Thematic Apperception Test, planning n.d.
7 Thematic Apperception Test, analyses 1947, n.d.
8 Thematic Apperception Test, correspondence 1970-1973
<table>
<thead>
<tr>
<th></th>
<th><strong>Ego Function Assessment (TAT), materials</strong></th>
<th>1943-1989, n.d.</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td><strong>Ego Function Assessment (TAT), images</strong></td>
<td>n.d.</td>
</tr>
</tbody>
</table>

**Box 2: Series I: Projective tests, 1943-1993, n.d.**

**Folder:**

<table>
<thead>
<tr>
<th></th>
<th><strong>Children’s Apperception Test – Human Figures</strong></th>
<th>1965</th>
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</thead>
<tbody>
<tr>
<td></td>
<td><strong>Children’s Apperception Test – Human Figures, materials</strong></td>
<td>1949-1965, n.d.</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test – Human Figures, correspondence</strong></td>
<td>1959-1993, n.d.</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test – Human Figures, articles</strong></td>
<td>1961-1977, n.d.</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, materials</strong></td>
<td>1980, n.d.</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, correspondence</strong></td>
<td>1977-1990</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, correspondence</strong></td>
<td>1955-1983</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, articles</strong></td>
<td>1950-1971, n.d.</td>
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**Box 3: Series I: Projective tests, 1943-1993, n.d.**

**Folder:**

<table>
<thead>
<tr>
<th></th>
<th><strong>Children’s Apperception Test, study</strong> RESTRICTED</th>
<th>1950-1951</th>
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</thead>
<tbody>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, slides</strong></td>
<td>n.d.</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, image planning</strong></td>
<td>n.d.</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, Indian edition</strong></td>
<td>1973, n.d.</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, German edition</strong></td>
<td>1955</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, German (Dutch) edition</strong></td>
<td>1955-1973</td>
</tr>
<tr>
<td></td>
<td><strong>Children’s Apperception Test, Indonesian edition</strong></td>
<td>1984, n.d.</td>
</tr>
</tbody>
</table>
9  Children’s Apperception Test, Japanese edition        n.d.


Folder:

1  The Blacky Pictures test             1950
2  The Blacky Pictures, Inquiry cards   1950
3  Michigan Picture Test                1953
4  Wechsler-Bellevue Intelligence Scale Form I  1955
5  Children’s Seashore House Picture Story Test  1962
6  Children’s Illustrated Storybook     1960 ca.
7  Rorschach Evalograph and inkblot images 1954
8  International Rorschach Congress circular 1990
9  *Le Psychodiagnostic Myokinetique* manual  1951

Box 5: Series II: Manuscripts, 1990

Folder:

1  Manuscripts       1990, n.d.


Folder:


Folder:

4 “The Story of the Mind” TV Show, proposal n.d.
6 “The Story of the Mind” TV Show, contracts 1982


Folder:

7 “Psychological Side of the News”, proposals 1986 ca.
9 “Psychological Side of the News”, correspondence 1971-1987
10 “Psychological Side of the News”, news articles by Bellak 1970-1982
12 “Psychological Side of the News”, photographs n.d.
13 “Psychological Side of the News”, news clippings 1975-1984, n.d


Folder:

15 Grant research, ADD psychosis, application 1984-1987
16 Grant research, ADD psychosis, research 1974-1985, n.d.
17 Grant research, ADD psychosis, correspondence 1971-1989
18 Grant research, ADD psychosis, news clipping 1980
<table>
<thead>
<tr>
<th></th>
<th>Grant research, ADD psychosis, conference travel</th>
<th>1984</th>
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</table>

**Box 6: Series VI: Research, 1952-1989, n.d.**

**Folder:**

<table>
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<tr>
<th></th>
<th>Grant research, Psychiatric diagnosis based on Ego strength</th>
<th>1952</th>
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<tbody>
<tr>
<td>2</td>
<td>Grant research, Preventative community child psychiatry, application</td>
<td>1964</td>
</tr>
<tr>
<td>3</td>
<td>Grant research, Troubleshooting clinic, report</td>
<td>1964</td>
</tr>
<tr>
<td>4</td>
<td>Grant research, troubleshooting clinic, correspondence</td>
<td>1964, n.d.</td>
</tr>
<tr>
<td>5</td>
<td>Grant research, Troubleshooting clinic, news clippings</td>
<td>1959-1967</td>
</tr>
<tr>
<td>6</td>
<td>Schizophrenia research, proposal</td>
<td>1965, n.d.</td>
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<tr>
<td>7</td>
<td>Schizophrenia research, correspondence</td>
<td>1965-1966</td>
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<tr>
<td>8</td>
<td>Schizophrenia research, correspondence</td>
<td>1965</td>
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<tr>
<td>9</td>
<td>Schizophrenia research, correspondence</td>
<td>1964</td>
</tr>
<tr>
<td>10</td>
<td>Schizophrenia research, correspondence</td>
<td>1962-1963</td>
</tr>
<tr>
<td>11</td>
<td>Schizophrenia research, clinical interviewing guide</td>
<td>n.d.</td>
</tr>
<tr>
<td>12</td>
<td>Schizophrenia research, news clippings</td>
<td>1963-1964</td>
</tr>
<tr>
<td>13</td>
<td>Identity fraud incident</td>
<td>1962</td>
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</tbody>
</table>

**Box 6: Series VII: Patent, 1990**

**Folder:**

<table>
<thead>
<tr>
<th></th>
<th>Patent for Device for Overcoming Male Dysfunction or Impotence</th>
<th>1990</th>
</tr>
</thead>
</table>

**Box 7: Series VIII: Miscellaneous, 1963**

**Folder:**
<table>
<thead>
<tr>
<th>1</th>
<th>Preludin food advisory cards</th>
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**Box 7: Series IX: Cardiac referrals, 1948-1955, n.d.**

**Folder:**

<table>
<thead>
<tr>
<th>2</th>
<th>Hillside Hospital rehab, referrals</th>
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<tr>
<td>3</td>
<td>Hillside Hospital rehab, correspondence</td>
<td></td>
<td>1954</td>
</tr>
<tr>
<td>4</td>
<td>Hillside Hospital rehab, notes</td>
<td></td>
<td>n.d.</td>
</tr>
<tr>
<td>5</td>
<td>Hillside Hospital rehab, miscellany</td>
<td></td>
<td>1953</td>
</tr>
<tr>
<td>6</td>
<td>Astro Health &amp; Rehab Services, cardiac referrals</td>
<td>RESTRICTED</td>
<td>1948-1954</td>
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<td>Astro Health &amp; Rehab Services, correspondence</td>
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<td>1953-1954, n.d.</td>
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<tr>
<td>9</td>
<td>Astro Health &amp; Rehab Services, miscellany</td>
<td></td>
<td>1950-1954</td>
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</table>

**Box 7: Series X: Residency applicant assessments, 1973-1979**

**Folder:**

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<tr>
<th>10</th>
<th>Residency applicant assessments</th>
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<th>1973-1979</th>
</tr>
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**Box 7: Series XI: Patient files, 1947-1962, n.d.**

**Folder:**

<table>
<thead>
<tr>
<th>11</th>
<th>Research interview, Patient A, #1</th>
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<tr>
<td>12</td>
<td>Research interview, Patient A, #3</td>
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<td>1961</td>
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<tr>
<td>13</td>
<td>Research interview, Patient A, #4</td>
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<td>14</td>
<td>Research interview, Patient A, #5</td>
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<td>n.d.</td>
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<tr>
<td>15</td>
<td>Research interview, Patient A, #6</td>
<td>RESTRICTED</td>
<td>1961</td>
</tr>
<tr>
<td>16</td>
<td>Research interview, Patient A, #7</td>
<td>RESTRICTED</td>
<td>1961</td>
</tr>
</tbody>
</table>
17 Research interview, Patient A, #8         RESTRICTED         1961
18 Research interview, Patient A, #9         RESTRICTED         1961
19 Research interview, Patient A, #10        RESTRICTED         1962
20 Research interview, Patient A, #11        RESTRICTED         1962
21 Summaries of analytic sessions for Patient B    RESTRICTED       1956


Folder:

1  Patient Y, log               RESTRICTED   1954
2  Patient Y, session transcripts RESTRICTED   1954
3  Patient Y, session transcripts RESTRICTED   1954
4  Patient X, session transcripts RESTRICTED   1953
5  Patient X, session transcripts RESTRICTED   1953-1954
6  Patient X, session transcripts RESTRICTED   1954


Folder:

5  Case notes, binder P-W Notes Lists Tables  RESTRICTED  1950, n.d.
6  Case notes, binder P-W Notes Lists Tables  RESTRICTED  1950, n.d.


**Folder:**

1  Case notes, binder unlabeled I    RESTRICTED    1949-1950, n.d.
3  Case notes, binder P-W Ch-F    RESTRICTED    1947-1950, n.d.
4  Case notes, binder unlabeled II    RESTRICTED    1947-1948, n.d.
5  Case notes, binder unlabeled II    RESTRICTED    1947-1948, n.d.

**Box 11: Series XI: Patients files, 1947-1962, n.d.**

**Folder:**

3  Case notes, binder unlabeled III    RESTRICTED    1947-1949, n.d.
4  Case notes, binder P-W Int. Po    RESTRICTED    1947, n.d.
5  Case notes, binder P-W Int. Po    RESTRICTED    1947, n.d.
7  Case notes, binder P-W Ext. R-E    RESTRICTED    1948, n.d.

**Box 12: Restricted Materials**

Contains the restricted folders removed from boxes 3 and 7