

THE LEOPOLD BELLAK, M.D. (1916-2002) PAPERS

Dates of Papers: 1943-1993

5 Linear Feet
(12 boxes)

The Oskar Diethelm Library
DeWitt Wallace Institute for the History of Psychiatry
Weill Cornell Medical College
525 East 68th Street
New York, New York 10065

Arranged and described by:
Elizabeth Grab, intern
June 2017

Provenance

The Leopold Bellak, M.D. Papers were donated to the Oskar Diethelm Library, DeWitt Wallace Institute for the History of Psychiatry at Weill Cornell Medical College by Leopold Bellak, M.D. in 1997.

Administrative/Biographical Note

Leopold Bellak (1916-2000), psychiatrist and psychoanalyst, was born in Vienna on 22 June 1916. During his medical career, Bellak dedicated himself to private practice, teaching, and research, and was best known for his work on projective tests, schizophrenia, adult attention deficit disorder, and brief and emergency psychotherapy.

Bellak was a medical student at the University of Vienna and the youngest person permitted to study at the Vienna Psychoanalytic Institute when he immigrated to the United States in May 1938. After arriving in the United States, Bellak earned his Master's degree in psychology from Boston University. He subsequently served as both the Austin and the Rantoul Fellow at Harvard University and The Harvard Psychological Clinic respectively. In 1944, Bellak received his M.D. from New York Medical College. In 1950, he graduated from the New York Psychoanalytic Institute. Bellak served as Emeritus Professor of Psychiatry at the Albert Einstein College of Medicine/Montefiore Medical Center and as Clinical Professor of Psychology for the Postdoctoral Program in Psychotherapy at New York University into the 1990s.

Bellak is the originator of the Children's Apperception Test (C.A.T.), the Senior Apperception Technique (S.A.T.), and the first 24-hour walk-in clinic, named the Trouble Shooting Clinic at Elmhurst General Hospital. He also made serious strides in developing the Thematic Apperception Test (T.A.T.).

Bellak was a Fellow of the American Psychiatric Association, the American Psychoanalytic Association and The American Psychological Association. He served as a Diplomat of the American Board of

Professional Psychology and was elected to the American College of Psychoanalysis. He previously served as president of the Society for Projective Techniques and of the Westchester Psychoanalytic Society.

The Psychiatric Outpatient Centers of America honored Bellak for his contribution to the theory and practice of community psychiatry in June 1976. In 1964, Bellak was awarded the Annual Merit Award of the New York Society of Clinical Psychologists. He was awarded the Frieda Fromm-Reichmann Award by the American Academy of Psychoanalysis in 1982 for his contributions towards a better understanding of schizophrenia. Also in 1982, Bellak was designated Honorary Fellow by the Postgraduate Center for Mental Health in New York. In 1990, Bellak received the Bruno Klopfer Award from the Society for Personality Assessment and was selected as one of the Honorary Presidents of the 13th International Congress of Rorschach and Projective Techniques in Paris. The American Psychological Association honored Bellak with an Award for Distinguished Professorial Contributions in 1992.

Bellak authored and edited over 35 texts and over 200 professional articles. His books and test materials have been translated into at least nine languages. Bellak's final two books were *Psychoanalysis as a Science*, in which he makes a case for integrating psychoanalytic practice with theory and methodology of psychological research, and *Confrontation in Vienna*, which details Bellak's first 20 years growing up under Nazi-influenced Vienna. The sixth edition of the *TAT, CAT and SAT in Clinical Use* was released in 1992.

This information was taken from biographical documents provided with the Deed of Gift.

Scope and Content

This collection contains correspondence, research, documents, publications, professional writings, notes, photographs, and other professional material dating from 1943-1993. The materials are primarily in English, but many of Bellak's handwritten notes are in German, and *Le Psychodiagnostic Myokinetique* manual is published in French. The papers are divided into 11 series: **Projective tests (1943-1993, n.d.)**, **Manuscripts (1990)**, **"The Mind Without Mystique" (1984-1987, n.d.)**, **"The Story of the Mind" TV show (1981-1988, n.d.)**, **"Psychological Side of the News" (1970-1990, n.d.)**, **Research (1952-1989, n.d.)**, **Patent (1990)**, **Miscellaneous (1963)**, **Cardiac referrals (1948-1955, n.d.)**, **Residency applicant assessments (1973-1979)**, and **Patient files (1947-1962, n.d.)**.

The papers came to the library already organized by project or practice, which naturally imposed the 11 series titles enumerated above. In the original order within these projects and practices, the correspondence was typically set apart from other related materials and stapled into packets by correspondent. Other than ordering these packets by reverse chronological order based on the top letter of each packet, the original order is maintained. Apart from the correspondence and the materials found in labelled binders—namely the series **Patient files (1947-1962, n.d.)**—the documents within a series originally had no apparent order. The folders within the series are thus a result of imposed order by document type, and the documents within are placed in reverse chronological order to facilitate access, except where noted in the series descriptions. The collection is comprised of 12 documents boxes, five of which are restricted.

Series I: Projective tests, 1943-1993, n.d. (Boxes 1-4)

This series, arranged by test, then document type in reverse chronological order, contains files relating to Bellak's Senior Apperception Test (S.A.T.), Thematic Apperception Test (T.A.T.), Ego Function Assessment (related to the T.A.T.), Children's Apperception Test – Human Figures, and Children's Apperception Test (C.A.T.), as well as tests by others, including the Rosenzweig Picture Frustration Study, the Blacky Picture Test, the Michigan Picture Test, the Wechsler-Bellevue Intelligence Scale, the Children's Seashore House Picture Story Test, the Rorschach Test, *Le Psychodiagnostic Myokinetique*, and *Struwelpeter: Merry Stories and Funny Pictures*. The series includes general materials—such as the tests themselves, summaries, manuals and guides—correspondence, photographs and images, related publications, news clippings, and circulars. The files are in English except for *Le Psychodiagnostic Myokinetique*, which is written in French.

Series II: Manuscripts, 1990, n.d. (Box 5)

This series includes three typewritten manuscripts by Bellak, “The C.A.T. and Other Projective Techniques: 50 Years later,” which he delivered at the XIII International Congress of Rorschach and Projective Techniques; “My First Fifty Years with Psychoanalysis: Some Selected Reflections;” and “Psychoanalysis as Therapy: Myth and Reality.”

Series III: “The Mind without Mystique”, 1984-1987, n.d. (Box 5)

This series, arranged by document type in reverse chronological order, contains files relating to Bellak and Perry Faithorn's book “The Mind without Mystique: Why We Behave the Way We Do.” The series contains a manuscript and correspondence.

Series IV: “The Story of the Mind” TV show, 1981-1988, n.d. (Box 5)

This series, arranged by document type in reverse chronological order, contains files relating to Bellak and Perry Faithorn's television show, “The Story of The Mind” (alternately titled “The History of The Mind”). The show was related to “The Mind without Mystique” book by Bellak and Faithorn, but was sufficiently distinct not to cause breach of contract with the publisher. The series contains the show's proposal, correspondence and legal contracts.

Series V: “Psychological Side of the News”, 1970-1990, n.d. (Box 5)

This series, arranged by document type in reverse chronological order, contains files related to Bellak and Kathryn Moody's proposed program the “Psychological Side of the News.” It is unclear whether the program ever came to fruition. The series contains the program's proposal, sample episodes,

correspondence, news articles by Bellak, news articles related to Bellak's proposal to psychologically screen presidential candidates, photographs, general news clippings, and promotional materials.

Series VI: Research, 1952-1989, n.d. (Boxes 5-6)

This series, arranged by research project, then document type in reverse chronological order, contains files relating to Bellak's research on validating adult attention deficit disorder and how to treat it through psychotherapy; Bellak's grant application for Quantification of Psychiatric Diagnosis on the Basis of Ego Strength; Bellak's grant application for Preventative Community Child Psychiatry; Bellak's Trouble Shooting Clinic at Elmhurst General Hospital, the first 24-hour walk-in clinic; and Bellak's lobby to establish a national institute for schizophrenia research. The series includes applications and related materials, research, correspondence, reports, a clinical interviewing guide, news clippings, and conference travel. Also included is correspondence regarding an identity fraud incident concerning a researcher involved in one of the grants. This correspondence includes the original envelope marked "Confidential" and the letters remains in original order.

Series VII: Patent, 1990 (Box 6)

This series contains a photocopy of Bellak's patent for a "Device for Overcoming Male Dysfunction or Impotence."

Series VIII: Miscellaneous, 1963 (Box 6)

This series contains a pad of tear-off sheets of dietary restrictions for calorie counting produced by Preludin, a brand of phenmetrazine hydrochloride.

Series IX: Cardiac referrals, 1948-1955, n.d. (Box 7)

This series, arranged by institution, then document type in reverse chronological order, contains files relating to Bellak's referral relationship with the Hillside Hospital and Astro Health & Rehab Services. As the Hillside Hospital forms appear identical to the ones from the Astro Health & Rehab Services, which were contained in a folder marked "cardiac referrals," it is likely that the Hillside Hospital referrals also relate to cardiac patients. The series includes referrals (RESTRICTED), correspondence, notes (RESTRICTED) and miscellany.

Series X: Residency applicant assessments, 1973-1979 (Box 7)

This series, arranged in reverse chronological order by applicant, contains files relating to residency applicants for the Albert Einstein College of Medicine at Yeshiva University and their psychological assessments. This series is RESTRICTED.

Series XI: Patient files, 1947-1962, n.d. (Box 7-11)

This series remains in original order by case, as identified by the labels on the folders and binders originally housing these materials. The series contains case notes, interview transcripts, and summaries relating Bellak's patients and research subjects. Many of the handwritten notes are in German. This series is RESTRICTED.

Access Restrictions

Folder 1 in box 3 of **Series I: Projective tests (1943-1993, n.d.)**, folders 2, 6, and 8 in box 7 of **Series IX: Cardiac referrals (1948-1955, n.d.)**, folder 10 in box 7 of **Series X: Residency applicant assessments (1973-1979)**, folders 11-21 in box 7 of **Series XI: Patient files (1947-1962, n.d.)**, folders 1-6 in box 8 of **Series XI: Patient files (1947-1962, n.d.)**, folders 1-9 in box 9 of **Series XI: Patient files (1947-1962, n.d.)**, folders 1-8 in box 10 of **Series XI: Patient files (1947-1962, n.d.)**, and folders 1-7 in box 11 of **Series XI: Patient files (1947-1962, n.d.)** are restricted due to PHI (private health information). Restricted material has been removed and filed separately.

The copyright for all unpublished materials is held by the Oskar Diethelm Library, DeWitt Wallace Institute for the History of Psychiatry at Weill Cornell Medical College, as per the deed of gift.

Box and Folder Lists:

Box 1: Series I: Projective tests, 1943-1993, n.d.

Folder:

1	Senior Apperception Test, materials	1973-1975, n.d.
2	Senior Apperception Test, correspondence	1971-1986
3	Senior Apperception Test, publications	1971-1980
4	Senior Apperception Test, photograph	n.d.
5	Thematic Apperception Test, materials	1947-1973, n.d.
6	Thematic Apperception Test, planning	n.d.
7	Thematic Apperception Test, analyses	1947, n.d.
8	Thematic Apperception Test, correspondence	1970-1973

9	Ego Function Assessment (TAT), materials	1943-1989, n.d.
10	Ego Function Assessment (TAT), images	n.d.

Box 2: Series I: Projective tests, 1943-1993, n.d.

Folder:

1	Children's Apperception Test – Human Figures	1965
2	Children's Apperception Test – Human Figures, materials	1949-1965, n.d.
3	Children's Apperception Test – Human Figures, correspondence	1959-1993, n.d.
4	Children's Apperception Test – Human Figures, articles	1961-1977, n.d.
5	Children's Apperception Test, materials	1980, n.d.
6	Children's Apperception Test, correspondence	1977-1990
7	Children's Apperception Test, correspondence	1955-1983
8	Children's Apperception Test, articles	1950-1971, n.d.

Box 3: Series I: Projective tests, 1943-1993, n.d.

Folder:

1	Children's Apperception Test, study	RESTRICTED	1950-1951
2	Children's Apperception Test, slides		n.d.
3	Children's Apperception Test, image planning		n.d.
4	Children's Apperception Test, Indian edition		1973, n.d.
5	Children's Apperception Test, German edition		1955
6	Children's Apperception Test, German (Dutch) edition		1955-1973
7	Children's Apperception Test, Indonesian edition		1984, n.d.
8	Children's Apperception Test, Pakistani edition		1978-1984, n.d.

9	Children's Apperception Test, Japanese edition	n.d.
10	Rosenzweig P.F. Study, A-1	1953, n.d.
11	Rosenzweig P.F. Study, A-2	1953, n.d.
12	Rosenzweig P.F. Study, A-3	1953, n.d.

Box 4: Series I: Projective tests, 1943-1993, n.d.

Folder:

1	The Blacky Pictures test	1950
2	The Blacky Pictures, Inquiry cards	1950
3	Michigan Picture Test	1953
4	Wechsler-Bellevue Intelligence Scale Form I	1955
5	Children's Seashore House Picture Story Test	1962
6	Children's Illustrated Storybook	1960 ca.
7	Rorschach Evalograph and inkblot images	1954
8	International Rorschach Congress circular	1990
9	<i>Le Psychodiagnostic Myokinetique</i> manual	1951

Box 5: Series II: Manuscripts, 1990

Folder:

1	Manuscripts	1990, n.d.
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Box 5: Series III: "The Mind without Mystique", 1984-1987, n.d.

Folder:

2	"The Mind without Mystique", manuscript drafts	1986, n.d.
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3 “The Mind without Mystique”, correspondence 1984-1987, n.d.

Box 5: Series IV: “The Story of the Mind” TV show, 1981-1988, n.d.

Folder:

4 “The Story of the Mind” TV Show, proposal n.d.

5 “The Story of the Mind” TV Show, correspondence 1981-1988

6 “The Story of the Mind” TV Show, contracts 1982

Box 5: Series V: “Psychological Side of the News”, 1970-1990, n.d.

Folder:

7 “Psychological Side of the News”, proposals 1986 ca.

8 “Psychological Side of the News”, sample episodes 1986-1990, n.d.

9 “Psychological Side of the News”, correspondence 1971-1987

10 “Psychological Side of the News”, news articles by Bellak 1970-1982

11 “Psychological Side of the News”, presidential mental health 1973-1990 ca.

12 “Psychological Side of the News”, photographs n.d.

13 “Psychological Side of the News”, news clippings 1975-1984, n.d.

14 “Psychological Side of the News”, promotional materials 1970-1981, n.d.

Box 5: Series VI: Research, 1952-1989, n.d.

Folder:

15 Grant research, ADD psychosis, application 1984-1987

16 Grant research, ADD psychosis, research 1974-1985, n.d.

17 Grant research, ADD psychosis, correspondence 1971-1989

18 Grant research, ADD psychosis, news clipping 1980

19 Grant research, ADD psychosis, conference travel 1984

Box 6: Series VI: Research, 1952-1989, n.d.

Folder:

1	Grant research, Psychiatric diagnosis based on Ego strength	1952
2	Grant research, Preventative community child psychiatry, application	1964
3	Grant research, Troubleshooting clinic, report	1964
4	Grant research, troubleshooting clinic, correspondence	1964, n.d.
5	Grant research, Troubleshooting clinic, news clippings	1959-1967
6	Schizophrenia research, proposal	1965, n.d.
7	Schizophrenia research, correspondence	1965-1966
8	Schizophrenia research, correspondence	1965
9	Schizophrenia research, correspondence	1964
10	Schizophrenia research, correspondence	1962-1963
11	Schizophrenia research, clinical interviewing guide	n.d.
12	Schizophrenia research, news clippings	1963-1964
13	Identity fraud incident	1962

Box 6: Series VII: Patent, 1990

Folder:

14	Patent for Device for Overcoming Male Dysfunction or Impotence	1990
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Box 7: Series VIII: Miscellaneous, 1963

Folder:

1 Preludin food advisory cards 1963

Box 7: Series IX: Cardiac referrals, 1948-1955, n.d.

Folder:

2	Hillside Hospital rehab, referrals	RESTRICTED	1954-1955
3	Hillside Hospital rehab, correspondence		1954
4	Hillside Hospital rehab, notes		n.d.
5	Hillside Hospital rehab, miscellany		1953
6	Astro Health & Rehab Services, cardiac referrals	RESTRICTED	1948-1954
7	Astro Health & Rehab Services, correspondence		1953-1954, n.d.
8	Astro Health & Rehab Services, notes	RESTRICTED	n.d.
9	Astro Health & Rehab Services, miscellany		1950-1954

Box 7: Series X: Residency applicant assessments, 1973-1979

Folder:

10	Residency applicant assessments	RESTRICTED	1973-1979
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Box 7: Series XI: Patient files, 1947-1962, n.d.

Folder:

11	Research interview, Patient A, #1	RESTRICTED	n.d.
12	Research interview, Patient A, #3	RESTRICTED	1961
13	Research interview, Patient A, #4	RESTRICTED	1961
14	Research interview, Patient A, #5	RESTRICTED	n.d.
15	Research interview, Patient A, #6	RESTRICTED	1961
16	Research interview, Patient A, #7	RESTRICTED	1961

17	Research interview, Patient A, #8	RESTRICTED	1961
18	Research interview, Patient A, #9	RESTRICTED	1961
19	Research interview, Patient A, #10	RESTRICTED	1962
20	Research interview, Patient A, #11	RESTRICTED	1962
21	Summaries of analytic sessions for Patient B	RESTRICTED	1956

Box 8: Series XI: Patient files, 1947-1962, n.d.

Folder:

1	Patient Y, log	RESTRICTED	1954
2	Patient Y, session transcripts	RESTRICTED	1954
3	Patient Y, session transcripts	RESTRICTED	1954
4	Patient X, session transcripts	RESTRICTED	1953
5	Patient X, session transcripts	RESTRICTED	1953-1954
6	Patient X, session transcripts	RESTRICTED	1954

Box 9: Series XI: Patient files, 1947-1962, n.d.

Folder:

1	Case notes, binder P-W Int. A-Ce	RESTRICTED	1947-1949, n.d.
2	Case notes, binder P-W Int. A-Ce	RESTRICTED	1947-1949, n.d.
3	Case notes, binder P-W Int. J-Pl	RESTRICTED	1948-1950, n.d.
4	Case notes, binder P-W Int. J-Pl	RESTRICTED	1948-1950, n.d.
5	Case notes, binder P-W Notes Lists Tables	RESTRICTED	1950, n.d.
6	Case notes, binder P-W Notes Lists Tables	RESTRICTED	1950, n.d.
7	Case notes, binder P-W Int. G-I	RESTRICTED	1948-1950, n.d.

8	Case notes, binder P-W Int. G-I	RESTRICTED	1948-1950, n.d.
9	Case notes, binder unlabeled I	RESTRICTED	1949-1950, n.d.

Box 10: Series XI: Patient files, 1947-1962, n.d.

Folder:

1	Case notes, binder unlabeled I	RESTRICTED	1949-1950, n.d.
2	Case notes, binder P-W Ch-F	RESTRICTED	1947-1950, n.d.
3	Case notes, binder P-W Ch-F	RESTRICTED	1947-1950, n.d.
4	Case notes, binder unlabeled II	RESTRICTED	1947-1948, n.d.
5	Case notes, binder unlabeled II	RESTRICTED	1947-1948, n.d.
6	Case notes, binder P-W Ext. P-Z	RESTRICTED	1948-1949, n.d.
7	Case notes, binder P-W Ext. P-Z	RESTRICTED	1948-1949, n.d.
8	Case notes, binder A-L	RESTRICTED	1948-1950, n.d.

Box 11: Series XI: Patients files, 1947-1962, n.d.

Folder:

1	Case notes, binder A-L	RESTRICTED	1948-1950, n.d.
2	Case notes, binder unlabeled III	RESTRICTED	1947-1949, n.d.
3	Case notes, binder unlabeled III	RESTRICTED	1947-1949, n.d.
4	Case notes, binder P-W Int. Po	RESTRICTED	1947, n.d.
5	Case notes, binder P-W Int. Po	RESTRICTED	1947, n.d.
6	Case notes, binder P-W Ext. R-E	RESTRICTED	1948, n.d.
7	Case notes, binder P-W Ext. R-E	RESTRICTED	1948, n.d.

Box 12: Restricted Materials

Contains the restricted folders removed from boxes 3 and 7